

# **H 15 Gufic** Tablets

## **Anti-inflammatory Ayurvedic Medicine**

### **Composition:**

Each tablet contains 400 mg of a dry extract of *Boswellia serrata*.

### **Properties / Effects:**

**H 15 Gufic Tablets** is a herbal remedy originating from the traditional ayurvedic medicine. *Boswellia serrata* has been used traditionally for several inflammatory diseases such as Rheumatoid arthritis, Osteoarthritis and others.

**H 15 Gufic Tablets** contains extract of *Boswellia serrata* applying the latest pharmaceutical technologies and the ancient knowledge at the same time. Thus **H 15 Gufic Tablets** extend the use to a broader range of indications which can be related to its newly discovered highly specific and selective inhibiting effects on the synthesis of leukotrienes (5-LO inhibition). This specific action gives one rational basis for the traditional use and the newly discovered extended therapeutic properties.

### **Indication:**

Chronic Polyarthritis like Rheumatoid arthritis, Osteoarthritis, Ankylosing spondylitis, Chronic Juvenile arthritis.

### **Dosage / Administration:**

1-2 Tablets 3 times a day. If necessary 3 tablets three times a day may be given for acute severe complaints at the beginning of the therapy.

**Children:** ½ to 1 tablet 3 times a day.

Whenever possible the use of **H 15 Gufic Tablets** should be given at an early stage of the disease and carried on regularly in order to achieve a long-term effect on the progress of the disease.

### **Direction and Duration of use:**

The tablets are to be swallowed after meals with liquid.

The treatment of chronic diseases often requires a long-term ingestion of the drug. After a successful intensive treatment with higher dosage, the maintenance dosage is to be continued. This is in order to prevent a renewed thrust of the disease or at least to reduce its severity.

### **Side effect:**

Severe side effects have not been observed. The taste of the drug is strong and peculiar, hence there may be seldom reactions like nausea or aversion to the medication. Some reversible mild itching can occur as well. As long as the ingestion is tolerated by the subject, there is no reason to interrupt the therapy.

### **Precautions:**

There are no extended investigations as to risk of damage to foetus. The use of **H 15 Gufic Tablets** in women or child bearing age should therefore as a precaution be done only after excluding any possibility of pregnancy.

**Store in a cool, dry place**  
**Keep away from children**



MADE IN INDIA BY:

**Gufic Chem**  
**PRIVATE LIMITED**

UDYAMBAUG, BELGAUM  
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